

Week 3 Allergens May Contain Traces of Nuts or Sesame Seeds

JACKET POTATOES:

Tuna	Fish, eggs
Baked Beans	Onion powder
Cheese	Milk
Bread Roll	Wheat, gluten, milk, eggs

MONDAY

Lasagne	Wheat, gluten, milk, dairy
Garlic Bread	Wheat, gluten, milk, eggs, onion
Vegetarian Lasagne	Wheat, gluten, milk, eggs
Chocolate Sponge	Wheat, gluten, milk, eggs
Chocolate Sauce	Wheat, gluten, milk, dairy

TUESDAY

Honey & Soya Chicken	Wheat, gluten
Noodles	Wheat, gluten, eggs
Vegetarian Chili	Wheat, gluten, eggs
Fruit Pie	Wheat, gluten, eggs
Cream	Dairy

WEDNESDAY

Bean Burgers	Wheat, gluten, milk, dairy, onion
Stuffing	Gluten, onion
Jam Sponge	Wheat, gluten, milk, eggs
Custard	Dairy

THURSDAY

Pulled Pork Sandwich	Gluten, wheat
Sweet Potato Pie	Wheat, gluten, onion
Custard	Dairy

FRIDAY

Battered Cod	Wheat, gluten, mustard, fish
Bean & Cheese Pasties	Wheat, gluten, milk, eggs, onion