

Week 4 Allergens May Contain Traces of Nuts or Sesame Seeds

JACKET POTATOES:

Tuna	Fish, eggs
Baked Beans	Onion powder
Cheese	Milk
Bread Roll	Wheat, gluten, milk, eggs

MONDAY

Mexican Chicken Fajita	Wheat, gluten, milk, eggs, dairy
Wedges	Wheat
Five Bean Fajita	Wheat, gluten, milk, eggs, dairy
Jam Sponge	Wheat, gluten, milk, eggs
Custard	Wheat, gluten, milk, dairy

TUESDAY

Sausage Plate	Wheat, gluten, eggs
Vegetable Strudel	Wheat, gluten, eggs
Apple Oat Crumble	Wheat, gluten,

WEDNESDAY

Country Vegetable Pie	Wheat, gluten, milk, dairy, onion
Stuffing	Gluten, onion
Jam Sponge	Wheat, gluten, milk, eggs
Custard	Dairy

THURSDAY

Chicken Curry	Gluten, wheat, milk, onion
Vegetable Korma	Wheat, gluten, onion
Lemon Drizzle Cake	Wheat, gluten, eggs

FRIDAY

Battered Cod	Wheat, gluten, mustard, fish
Curried Pasties	Wheat, gluten, milk, eggs, onion