

# LONGHILL



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# NEWS

## May 2017 Edition

### Hello from the Headteacher



This half term has been short, but an incredibly packed one and I can hardly believe that it's half term already!

Year 11 are now in the midst of their exams and have worked extremely hard this year. I wish them every success for the rest of their exams and hope that they will achieve the results that they deserve – we're all rooting for you!

Year 10 are preparing for an exciting week in the world of work next month when they embark on Work Experience. Longhill High is one of the few local schools who offer this invaluable experience for our students; we firmly believe that this gives them the opportunity to sample life in the workplace and helps them make informed choices for their futures.

On the performing arts front, our wonderful singers took part in a lovely choral concert at All Saints Church recently, as part of the Brighton Festival. They performed with a host of other Brighton schools and the Brighton Youth Orchestra at what was a truly uplifting concert.

Our drama students from all years went on a theatre trip to London last week to see *School of Rock*, which is our summer production this year. I can't wait to see it next month and hope to see many of you there too – I'm sure it will be a brilliant event for all the family!

Another highlight last week was an all-day workshop by the fantastic Brighton Panthers cheerleading squad. The squad, who are all Brighton University students, demonstrated this exciting new sport to students from Years 7, 8, 9 and 10, who were then able to have a go themselves. It was a great opportunity for our girls and boys to try something really different and they certainly seemed to enjoy it.

We now look forward to the final half term of the year, which will be filled with lots of interesting activities, as well as continued hard work.

Have a restful week and I look forward to seeing everyone back on 5<sup>th</sup> June.

Kate Williams  
Headteacher



# Performing Arts News

## School of Rock Trip

This year our school production is 'School of Rock', so on the 11<sup>th</sup> May we took 30 students from years 7-10 on a trip to the New London Theatre in the West End to see the show. It was a fantastic trip and the show was incredible; it really inspired us ready for our production. We even got to visit Covent Garden and were involved in a street performance before we saw the show! Everyone had a brilliant time and we hope you will all come to see our version of the show on June 21<sup>st</sup> and 22<sup>nd</sup>.

## Longhill Singers in Brighton Festival Choral Event

As part of the Brighton Festival, 13 of our young, talented singers took part in a concert in the magnificent All Saints Church in Hove on Sunday 14<sup>th</sup> May. For the past three months the dedicated students have been rehearsing with singing coaches from Glyndebourne, preparing four songs for the concert. This was part of a collaborative choir which included students from Longhill, Cardinal Newman, Hove Park, Varndean and PACA.

The students, with accompaniment from Brighton Youth Opera, performed in front of an audience of over 300 people inside the packed church. Songs ranged from the swing classic *Chattanooga Choo Choo* to traditional Zulu folk song *Siyahamba*. The Brighton Youth Orchestra also played a series of rarely-performed Chinese works, which received a rapturous reception from the audience.

The evening was a resounding success and we are incredibly proud of the students who were involved and a huge 'thank you' goes to Mrs Ali English, our Head of Music.



THE NEXT GENERATION

# SCHOOL of ROCK

THE MUSICAL

SCHOOL PRODUCTION

**Longhill High School**

BASED ON THE PARAMOUNT MOVIE WRITTEN BY MIKE WHITE

MUSIC BY ANDREW LLOYD WEBBER LYRICS BY GLENN SLATER SCRIPT BY JULIAN FELLOWES

©2016 RUG LTD

**21 & 22 June  
Doors open 6.30  
curtain up 7.00**

**Tickets from Finance  
Office £5 adult,  
£3.50 child/senior,  
£15 family  
(2 adults, 2 children)**

# Languages Trip - Viva Barcelona!



A group of Longhill students of Spanish were lucky enough to visit the cosmopolitan city of Barcelona during their recent trip to Spain. Students were based in the sun-drenched resort of Salou, in the province of Tarragona, for their stay over the Easter holidays.

For many students, it was their first time abroad and also their first time on a plane – an exciting start to the trip and a relief to touch down safely at Barcelona airport. From there, it was a two hour coach trip to the hotel in the resort of Salou.

Student Kaia told us, "It was a nice hotel. People - guests and staff - were really friendly and I shared a room with two other girls. It was a great opportunity to get to know people better – school friends, other students and Spanish people. People were open and friendly and seemed to be more accepting than people back home. There were some Spanish, French and Irish students staying in the hotel and they were all really nice and friendly too."

The students were impressed by how different the Spanish architecture was. "The architecture was amazing – very interesting." Kaia told us, "The way the buildings were structured and even the flooring designs had meaning, in fact even tiny designs had meaning. We went to the Gaudi Museum and saw some of his amazing design work. It was so interesting to see how Spain is structured differently to home." She added, "We didn't go into any of the Gaudi buildings, but it was great to take pictures from outside and the colours everywhere were so vibrant. Everywhere you went there were buildings with different colours on them."



We asked Kaia how she enjoyed the Spanish street life and cuisine, "It was very busy everywhere, very busy and bustling and the food was great, with lots of different flavours. It was really different to home and it was amazing to try out different foods. I think my favourite food was paella – it was a great mixture of fish, meat, rice and vegetables – delicious!"

"One of my favourite places that we visited was Tarragona. It was a lovely village, so colourful and peaceful, the kind of place I might like to settle down when I'm older. All the little shops were so interesting." Said Kaia. "We also went to the beach and I had a paddle – it was sandy and the water was warm. The stall-holders there were friendly, but quite persistent and persuasive, trying to sell us things at the beach."

We asked Kaia to sum up the trip for us, "It was such an interesting experience and I'd really recommend it to anyone who has the chance to go. It was fun to get to know the teachers when they're away from school and to meet other students that you might not normally mix with."

Thanks go to Ms Butters, Ms Perrono and Mr Burgess for accompanying the students on the trip, giving them the opportunity to experience a completely different culture and lifestyle. We believe that this immersive experience will undoubtedly enhance the students' Spanish studies in the future.





# The Learning Resource Centre AKA—The Library

**Borrow Books \* Use the computers \* Print Homework \***  
**Collect Rewards \***

## **What can you do as a parent to help your teenager academically?**

Apart from getting them to school regularly and ensuring they get enough sleep, you can encourage reading!

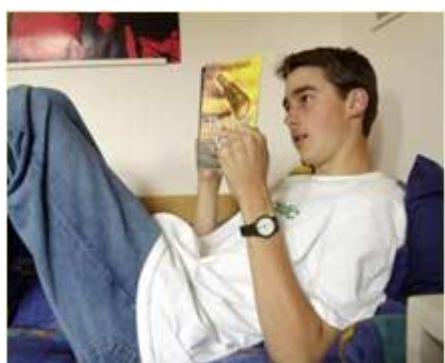
### **Why is reading good for your teenager?**

Reading will expand their vocabulary by exposing them to numerous styles of writing. This will help them in **ALL** of their subjects, not just English.

Studies show that reading can increase our emotional intelligence as we understand a range of perspectives and motivations.

Reading for pleasure has been found to improve our confidence and self-esteem, providing the grounding we need to pursue our goals and make life decisions. It can also aid our sleep and reduce feelings of loneliness.

Did you know that exposure to artificial light 'fools' the brain into staying awake, so looking at TVs, computer screens tablets and phones just before bed can affect the sleep your teenager gets. This would make reading an ideal part of a bedtime routine.



We have got lots of fantastic books in the Library and would love to see more of our students borrowing them.

We are open during school hours and all books are loaned for three weeks, after which they need to be returned or renewed. Students will need their diaries to borrow books.

We also have some LOVELY public libraries locally; they are free to join and it is free to borrow books. <http://www.brighton-hove.gov.uk/content/leisure-and-libraries/libraries>

# LONGHILL EXTRA-CURRICULAR SPORTS NEWS

## Welcome Back

It's been another fantastic half term full of highlights and success stories. We've been incredibly busy as a department and I'm delighted to share some of the stories with you. Highlights have included an amazing Let's Dance, Primary Mini Mile and a fine start to the Athletics programme.

Another area of success has been our Girls Active programme lead by Miss Clark. This programme is designed to inspire and engage as many girls as possible into physical activity and school sport. I am proud of all students who work hard in lessons and at after-school clubs. We have some exciting times ahead of us and I look forward to sharing them with you all.

**Mr Fallick**

## Cricket @ Longhill!

It is with great joy to be reporting about a fantastic start to the cricket season with our Under 13 team. The team are entered into the Brighton schools league and have made a great start to the season by beating Hove Park by 10 and just losing against Blatchington Mill High School.

Cricket is a great game and we are always looking for new players.

Training is on Thursdays from 2:45 – 4pm

**Mr Fallick**

## Super 6 Team

Well done to our year 7 team who competed at the local Super 6 Athletics competition at the Withdean Athletics Track. We have many more competitions coming up, so make sure you attend training.

Wednesday 2:45 – 4pm

Good Luck!

## Sainsbury's Active Kids



**"Let's get collecting."**

## GCSE PE

Good Luck to our Year 11 students who have finished the GCSE PE course. All students have performed extremely well practically and we look forward to seeing their results in the summer.

## Summer Sportsday

I have some exciting news . On Wednesday 5<sup>th</sup> July we will be having a full sports day for all years. Students will compete in sports and races during the day. More information to follow on the schools website!

**Mr Fallick**

## **SSE Women's FA Cup Final**

On Saturday the 13th of May we took a group of 24 students and 5 members of staff to the SSE Women's FA Cup Final! A whopping 5 goals were witnessed at the sensational Wembley stadium, with the final score being 4-1 to Manchester City. Not only was it a great day out, but students and staff were also able to see some of England's 1st team playing for Man City! The atmosphere in the stadium was mesmerising and, with a record breaking audience for a women's football game, it was a brilliant day to be a part of. We are looking to run the trip again next year and try to expand the number of students we take! A big thank-you to all those who came.

Miss Clark



## **ESAA Track and Field Cup Athletics**

On Thursday 18th May 11 year 7 or 8 girls took part in the Sussex round of the English Schools' Track and Field Cup. Each athlete needs to participate in a track event and a field event or relay. Points are awarded based on the performance rather than where the athlete finishes, so every extra centimetre or 0.1 of a second counts.

The 200m races provided our best performances, with Amy Serednicki and Carly York each having very close battles with athletes from Burgess High School for Girls. Amy and Carly finished with the 6th and 7th fastest times out of the 20 athletes that took part - 28.91s and 29.07s respectively!

The Longhill girls were absolute stars throughout the day, each putting their heart and soul into the events, despite the rain! The track was definitely our strength and, for many, the field events were being performed for the first time. We ended the day with a great 2nd place in the relay.

The Longhill team finished 7th out of the 10 schools competing, with only Roedean, Varndean and Cardinal Newman beating us from the Brighton area.

Well done to all those that took part: Nicole Robb, Leah Tyrell, Fay Woodley, Brooke Nicholson Rogan, Maddie Harris, Leah Warnett, Alicia Glover, Lois Martin and Rue Winfield.

Miss Buxton



## Brighton Panthers Bring Cheer to Longhill



More than 250 students from Years 7, 8, 9 and 10 enjoyed PE lessons to remember last week when the Brighton Panthers cheerleading squad spent the day demonstrating and instructing in this exciting new sport.



The 14 sportswomen who visited from the Brighton Panthers are all first or second year students at Brighton University studying for degrees in PE, Sport & Exercise and Events; they became national champions recently in the BCA National Championships in Telford; they explained a little about the sport and what they enjoy about it.



"I've always been a gymnast," explained team captain Charlotte, "But that tends to be an individual sport. Cheerleading has all the elements of gymnastics and dance, but in a team setting. Cheerleading is a misunderstood sport; we don't wave pom-poms and cheer for a team – we cheer for ourselves!"

"The sport makes you strong in ways that you maybe haven't been before. You have to be physically and mentally strong." said Charlotte. "We aren't perfect and we do fall, but when that happens, you have to literally pick yourself up and try again. If you're maybe feeling down one day, then the other members of the team will pull you up. We're a very strong team, in all senses of the word; we rely on each other."



The squad have raised around £1,000 for the Rockinghorse charity this year and have noticed an increase in the number of boys attending their fundraising events and showing an interest in the sport.



"It's a great sport for raising self-esteem, for both girls and boys. It's been lovely seeing so many boys having a go today, joining all the girls. We've had a great time at Longhill and thoroughly enjoyed working with your students."

The visit was organised by PE teacher Carla Clark as part of a Youth Sports Trust initiative called 'Girls Active', which aims to increase girls' participation in all sports on a national scale. "Sport is so good for young people and we'd love to get girls to participate more; it's particularly beneficial for them, giving them body-confidence and a boost to their self-esteem." said Miss Clark "Cheerleading really is a great sport – it requires strength, teamwork, discipline, communication, focus and determination; I really hope to offer more opportunities like this at Longhill."



Without doubt all the students who took part enjoyed trying something exciting and different and we'd like to thank the Brighton Panthers for making it such a great day!

All pictures by kind permission of Argus, Brighton.

## **Part Time Cleaner Required**

**Hours 27 1/2 hours per week**

**NJC Scale 1/2 £12,116 to £12,256 – Starting at £8.45 per hour**

Longhill is a lively and diverse secondary school which has improved in many areas over the last two years.

A cleaner is required to join the school's Premises Team. The team maintains the cleanliness, tidiness, hygiene and safety within the school buildings and the grounds.

27.5 hours per week – Full year – 5.5 hours 3pm to 9pm – 30 minutes unpaid break - £8.45 per hour. Working hours during school holidays are 9.30 am to 3.30 pm.

An enhanced DBS clearance is required for all staff.

Please see the school website for an application and job pack

<http://www.longhill.org.uk/vacancies/> and email your completed application to the following email address [personnel@longhill.org.uk](mailto:personnel@longhill.org.uk)

**Closing date for applications: 11 am on Thursday 15 June 2017**

Brighton & Hove City Council – Taking Action for Equality.

## **Junior Maths Challenge Results**

**Gold Certificates awarded to:**

**Joel Sayers (Year 8)**

**Josh Risby (Year 8)**

**Bobby Sharpe (Year 7)**

**Bailey Martin (Year 7)**

**Bailey Martin has been invited  
to take part in the next level of  
the challenge – extremely rare  
for a Year 7 – well done**

**Bailey!**



## TERM DATES 2016-2017

### SUMMER TERM 2017

**Monday 24<sup>th</sup> April to Tuesday 25<sup>th</sup> July**

### Half Term

**Monday 29<sup>th</sup> May to Friday 2<sup>nd</sup> June**

## DIARY DATES

### Year 7

**15<sup>th</sup> June**      **Parents' Evening**

### Year 8

**26<sup>th</sup> – 30<sup>th</sup> June**      **Camp**

### Year 9

**23<sup>rd</sup> November**      **Parents' Evening**

### Year 10

**26<sup>th</sup> – 30<sup>th</sup> June**      **Work Experience**

**13<sup>th</sup> July**      **Parents' Evening**

### Year 11

**5<sup>th</sup> July**      **Prom**

### Whole School

**26<sup>th</sup> – 30<sup>th</sup> June**      **Activities Week**

**28<sup>TH</sup> September**      **Open Evening**

## TERM DATES 2017-2018

### AUTUMN TERM 2017

**1<sup>st</sup> September to 19<sup>th</sup> December**

**1<sup>st</sup> September INSET DAY**

**4<sup>th</sup> September YEAR 7 ONLY**

**5<sup>th</sup> September ALL YEARS IN SCHOOL**

### Half Term

**16<sup>th</sup> October to 27<sup>th</sup> October (2 weeks)**

### SPRING TERM 2018

**3<sup>rd</sup> January to 29<sup>th</sup> March**

### Half Term

**12<sup>th</sup> February to 16<sup>th</sup> February**

**29<sup>th</sup> January INSET DAY**

### SUMMER TERM 2018

**12<sup>th</sup> April to 24<sup>th</sup> July**

### Half Term

**28<sup>th</sup> May to 1<sup>st</sup> June**

**Don't forget, WE ARE GOING CASHLESS. We would like to encourage you to use sQuid whenever possible – it is easy, safe and avoids the need to bring cash to school.**





# STUDIO CLASSES

**24TH APRIL – 31ST AUGUST 2017**

CLASS	TIME	INSTRUCTOR	PRICE
<b>MONDAY</b>			
SUPER SENIORS	9.30 - 10.30am	NICOLA	£5
BODY SCULPT	6 - 7pm	KAREN	£6
FITNESS PILATES	7 - 8pm	KAREN	£6
<b>TUESDAY</b>			
CARDIO FUNK	7 - 8pm	ANNELI	£6
<b>WEDNESDAY</b>			
BOOTCAMP CIRCUITS	7.05 - 8.05pm	KAREN	£6
<b>THURSDAY</b>			
SUPER SENIORS	10 - 11am	NICOLA	£5
BOXFIT	6 - 7pm	SAMMY	£6



Booking a place onto our classes is essential.  
This can only be done from **10am of the Sunday**  
before the week of the classes.

Please contact us on 01273 391 683  
[www.longhillsportscentre.co.uk](http://www.longhillsportscentre.co.uk)



## Holiday Activities Club

# MAY / JUNE 2017

## Tuesday 30th - Friday 2nd

NOT taking place on Monday 29th May

**EVERYDAY IS FILLED WITH  
FUN GAMES, INDOOR SPORTS,  
ACTIVITIES, ARTS & CRAFTS.**

**“The Best Way To Keep Your Kids Active”**

The ACTIVITY TIMETABLE Will Be On Our Website Soon!

**PRICE LIST:** For ages 5-12yrs, 8am - 3.30pm (Extra hours till 6pm - £6.50)

Full Day £22.50 (8am-3.30pm), Half Day £12.50 8am-12pm or 12pm-4pm

Sibling Saver - TWO Family members for a Full Day for just £38

**BOOK NOW!** Tel: 01273 391 683

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[www.longhillsportscentre.co.uk](http://www.longhillsportscentre.co.uk)