LONGHILL HIGH SCHOOL

YEAR 8 CAMP - SUGGESTED *KIT LIST* FOR EACH ACTIVITY

WET KIT for KAYAKING	DRY KIT for other activities	OTHER (EVENINGS)
Swimming costume Please note - bikinis can be worn but must be UNDER a suitable t-shirt.	Tracksuit bottoms/leggings	Casual clothes e.g. Jeans, t-shirts, trainers, jumpers plus spares Bring more than just for the activities as they may get wet and dirty.
Old tracksuit bottoms/leggings	T-shirts	Wash kit
Old trainers (**NOT WELLIES OR FLIP FLOPS** as the shoes need to be able to stay on your feet under water)	Old trainers and walking boots/comfortable shoes for *extended* walking	Towels
Old t-shirt – full length (no crop tops)	Sweatshirt/fleece	Sleeping bag
Towel	Waterproof jacket (and water proof trousers if possible). This could be a poncho but **a hoodie will not be sufficient**	Sleeping mat
Hat/cap	NO jeans	Pillow (travel)
Sun cream (High factor)	Drinks container	Groundsheet (not essential but advisable)
Please note - NO jeans.	Hat/cap	Plate, bowl, mug and cutlery
Drinks container	Sun cream (High factor)	Waterproof bags/bin bags
Plastic bags/bin liners		

DO NOT FORGET YOUR KNIFE, FORK, SPOON, MUG, PLATE and BOWL.

HINT
Please pack sensibly. There is very limited drying or dry storage space in the field. At camp, you will be getting muddy, wet and hopefully hot! DO NOT therefore wear your best boots/shoes or clothes.
We have to pay for electricity; hairdryers/straighteners are considered NON essential and cannot not be taken, or used.

Do not forget your packed lunch for the first day.

If you take any form of medication, please remember to pack it and ensure that your camp leader is aware of when you need to take it.
We are on a public campsite with no safe so please limit any cash you bring. We suggest no more than £10.
Everyone is expected to take part in the communal dining experience at Camp and the menu has been designed to fulfil all nutritional requirements. Please do not bring pot noodles!

MOBILE PHONES ARE NOT PERMITTED.